

Vortragsankündigung

Psychologischen Forschungskolloquium
Graduate School der Pädagogischen Hochschule Weingarten

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Creating happiness by dog assisted pedagogy

Dienstag, 22. Oktober 2024, 13:15 – 14:15

Schlossbau S. 2.32

Abstract:

According to World Happiness Report Finland is the happiest country of the world by. (Germany is ranked to 24th place in the 2024 ranking.) However, in the average young people in Finland are not doing all that well. Motivation, learning skills and life management are getting worse among young Finnish students. About 20–25 % of young people are suffering from mental problems. So, trying to motivate and courage your students is an everyday challenge.

Everyone needs help sometimes. My goal is to help students both to learn new things and to support their wellbeing. Especially students with neurodivergent trait have often more challenge to learn how to study, communicate and get organized. At least 10 % of people have neurodivergent trait, for example ADHD (Attention-Deficit/Hyperactivity Disorder) or Autism Spectrum Disorder (ASD).

Dog assisted pedagogy can be one tool to create wellbeing, motivation and communication. Dog assisted pedagogy is not just a dog hanging in the classroom. Teacher should know what and why the dog will do at work. One must pay attention to wellbeing and security of both students and the dog. I am happy to share my experience about dog assisted pedagogy.

Herzlich eingeladen sind sämtliche Kolleginnen und Kollegen sowie Studierende der HS Ravensburg-Weingarten sowie der PH Weingarten und weitere Interessierte